

Yagna preserve me from the combined energy
of diseases,
may Vyisa preserve me from ignorance. May
Buddha preserve me from the concourse of heretics
(Pashandas), may
Kalki preserve me from sin and sinful
propensities. May
Vishnu protect me at noon ; Nariyana, in the
morning ; the
'destroyer' of demon Madhu, at after-noon ; and
Madhava, in
the evening. May Hrishiksha protect me at
the dawn of
day ; may Janirdana protect me at night-fall. May
Shridhara
protect me at mid-night, may the lotus-naveled
deity preserve
me during the small hours of the night. May
the discus,
club (Kaumadiki) and arrows of Vishnu kill my
enemies and
the Rdkshasas. May the lotus and conch shell
of Vishnu
preserve me from enemies, may the celestial
Garuda, and the
divine bow and ornaments of Vishnu preserve my
life, mind,,
and intellect May Shesha and Sarva-rupa
preserve me
everywhere. May Nara*inha preserve me in all
angles of
the heaven. He, who wears a person with this
Kavacham on
his person, is sure to be fascinated, and such a
person enjoys
a kind of immunity from disease.

CHAPTER CCXXII

DHANVANTARI said:—Now I shall enumerate to
you the
GSrudam, as disclosed by Sumitra to
Kashyapa. This
GARudi- Vidyi tends to neutralise the effects of all
kinds of

poison. The five fundamental material principles of earth, water, light (heat), air and ether are represented by the different letters of the alphabet as their symbols, which should be regarded as the presiding deities of the occult diagram to be meditated upon at the time of Dhyinam. The deities reside in these five fundamental material principles.